

APPLICATION

BS/MS IN DIET AND EXERCISE

**DEPT. OF FOOD SCIENCE & HUMAN NUTRITION
DEPT. OF KINESIOLOGY
IOWA STATE UNIVERSITY
AMES, IOWA USA**

The Bachelor of Science (BS) and Master of Science (MS) program in Diet and Exercise was established to offer students advanced study in the theory and application of nutrition and exercise science. This degree program includes concurrent enrollment in the BS and MS with a thesis and awards the BS and MS degrees jointly at the completion of the program. The BS and MS program at ISU is unique in that it will award an advanced degree, and includes the academic requirements to become a Registered Dietitian.

The program is jointly administered by the Department of Food Science and Human Nutrition and the Department of Kinesiology within the College of Human Sciences.

Application and Admission to the Program

Applications for admission are due October 1 of each year and students are notified of their acceptance into the program by November 15 of each year.

Admission to the program is based upon:

- GPA (3.5 or higher recommended)
- GRE (combined verbal/quantitative score of 1100 recommended)
- Completion of required coursework*
- 3 letters of recommendation
- Letter of application stating professional goals and research area of interest.

Students not accepted into the program have the option to continue coursework to complete an undergraduate degree in dietetics OR health and human performance.

*See next page.

Required Coursework

The following courses must have been completed or be in progress at the time of application. Students planning to transfer courses from other institutions are required to have a transfer evaluation by the Office of Admissions at Iowa State University to ensure that the courses meet the requirements listed below.

Communications and Library

English 104
English 105
Speech Communications 212
Library 160

Physical Sciences

Chemistry 163
Chemistry 163 lab
Chemistry 231
Chemistry 231 lab
Physics 106 or 111

Humanities and Social Sciences

Psychology 101
Psychology 230
Humanities/International Perspectives course

Exercise Sciences (Ex Sp)

FSHN 110 OR Ex Sp 255 Orientation
HS 110
Ex Sp 220
Ex Sp 258

Math

Math 140, 142, 165 or 181
Statistics 101, 104, or 226

Biological Sciences

Biochemistry 301
Biology 211
Biology 212
Biology 255
Biology 256
Biology 256 lab
Microbiology 201

Food Science and Human Nutrition (FSHN)

FSHN 110 OR Ex Sp 255 Orientation
FSHN 167
FSHN 214
FSHN 265
FSHN 360

Other Required Information:

- **Attach a page outlining significant awards, academic or other research experience, publications and work experience.**
- **Attach a one-page essay, which includes your interest for advanced study in Diet and Exercise and your plans after completing graduate study. Be as specific as possible. What in your background and/or experience demonstrates your qualifications to pursue an advanced degree in Diet and Exercise?**
- **References: Please request three faculty members and/or employers acquainted with your qualifications to send letters of recommendation directly to the Department of Food Science and Human Nutrition. List the names, addresses and telephone numbers of your references here. Letters of Recommendation should be printed on letterhead. No official forms are required.**

Name	Address	Email	Phone Number
_____	_____ _____ _____	_____	_____
_____	_____ _____ _____	_____	_____
_____	_____ _____ _____	_____	_____

Mail application materials to:

**Graduate Admissions Secretary
Department of Food Science and Human Nutrition
2312 Food Sciences Building
Iowa State University, Ames, IA 50011 USA**

E-mail: gradsecretary@iastate.edu.